



## GEORGIA MENTAL HEALTH ACCESS IN PEDIATRICS



Integrating behavioral health into  
primary care practice



Nearly **1 in 5**<sup>1</sup> U.S. school-age children has a mental health need, yet half are not receiving treatment.

In Georgia, nearly **1 in 4**<sup>2</sup> Georgia youth ages 3 to 17 years have one or more emotional, behavioral, or developmental conditions.

In 2019, **30%** of Georgia high school students<sup>3</sup> reported feeling sad or depressed every day for two or more weeks.

By enrolling in the GMAP program, primary care providers can **help fill this gap** by increasing their behavioral health knowledge or skillset.



<sup>1</sup>Whitney, D.G. & Peterson, M.D. (2019). U.S. national and state-level prevalence of mental health disorders and disparities of mental health care use in children. *JAMA Pediatrics*, 173(4): 389-91.

<sup>2</sup><https://datacenter.kidscount.org/data/line/10668-children-who-have-one-or-more-emotional-behavioral-or-developmental-conditions?loc=12&loct=2#2/12/false/1696,1648/asc/any/20456>

<sup>3</sup>Centers for Disease Control and Prevention. 1991-2019 High School Youth Risk Behavior Survey Data. Available at <http://yrbs-explorer.services.cdc.gov/>

# GMAP supports pediatric primary care providers in meeting children and adolescents' behavioral health needs.

Pediatric primary care providers participating in GMAP gain access to behavioral health needs.



Education with continuing medical education and nursing credits available



Guidance on cases through the phone advice line staffed by psychiatric providers



Directory of behavioral health providers by Georgia county

GMAP increases pediatric providers' skills to treat and manage mild-to-moderate behavioral health concerns in day-to-day practice.



GMAP's goal is to build the knowledge base of primary care providers and provide helpful resources to increase their confidence in behavioral health care delivery.



American Academy of Pediatrics  
DEDICATED TO THE HEALTH OF ALL CHILDREN  
Georgia Chapter



AUGUSTA UNIVERSITY  
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CENTER OF EXCELLENCE FOR  
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integrating research, policy, and practice



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